

## **The exchange of rings:**

*(Groom) places the (Bride)'s ring on her finger saying:*

**Groom: (Bride name) wear this ring as a sign of our love and fidelity (or “as a sign of our faithful love”).**

**In the name of the Father, and of the Son and of the Holy Spirit.**

*(Bride) places (Groom)'s ring on his finger saying:*

**Bride: (Groom name) wear this ring as a sign of our love and fidelity. (or “as a sign of our faithful love”).**

**In the name of the Father, and of the Son and of the Holy Spirit.**

### **[optional]: Exchange of Tokens**

#### **Option 1:**

**(Groom) may give gold and silver to the bride saying:**

**Groom: I give this gold and silver, tokens of all I possess.**

#### **Option 2:**

*(Bride) and (Groom) may exchange small symbolic gifts, saying:*

**Bride: (Groom), I give you this gift, a token of all I possess.**

**Groom: (Bride), I give you this gift, a token of all I possess.**